



**Technical Guide  
2026 Tasmania State Time Trial  
Championships**

# 1. Welcome/Introduction

This Technical Guide is for the information of participants competing in the 2026 Tasmania State Time Trial Championships.

## 2. Event Details

### 2.1. Event Description

Mersey Valley Devonport Cycling Club is hosting the 2026 AusCycling Tasmania State Time Trial Championships. This will be a Silver level event and therefore will be conducted under the guidance of the AusCycling Technical Regulations.

### 2.2. Event Location

Event Address: Gunns Plains (registration is at the Gunns Plains Community Hall – corner Gunns Plains Road and Raymond Road)

### 2.3. Key Contacts

The contact details are as follows:

Name	Position/Title	Phone	Email
Val James	Club Contact	0448 243 828	vjames6@bigpond.com
Jonathon Taylor	Event Manager / Race Director	0438 508 551	jonny_985@hotmail.com
Phillip Leslie	AusCycling	0438 611 638	phillip.leslie@auscycling.org.au

Volunteers will be assigned roles and responsibilities to facilitate the planning and running of the event.

## 3. Race Officials

Michael Bailey PCP

Plus 2 other commissaires to be finalised by AusCycling Tasmania

### 3.1 Event Details

Date: Saturday, 18<sup>th</sup> April, 2026

Location: Gunns Plains

Start Times: Individual start times will be published after entries close

Juniors - U11s/ U13s/ U15s/ U17s from 11:00 am

Junior registration from 10:00am to 10:30am

12:00pm – U11s/ U13s/ U15s/ U17s Presentations at Gunns Plains Community Hall

U19s / Elite / Masters from 1:00pm

Senior registration from 12:00 noon to 12:30pm

2:30pm – U19s / Elite / Masters Presentations at Gunns Plains Community Hall

## **4. Competitor Information**

### **Competitor Responsibilities**

Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Be required to wear minimum safety gear including appropriately approved helmet.
- Ensure that their bicycle is in good working order.
- Ensure they have adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.
- Be responsible for ensuring they are fit enough for the activity.
- Once racing has started there is no warming up on the course and in particular competitors are not to take their bikes across the finish line.

#### **4.1. Entry Process**

Entries via EntryBoss Mersey Valley Devonport Cycling Club listing page.  
<https://entryboss.cc/races/29948>

#### **4.2. Prizes**

Medals will be awarded to 1st, 2nd and 3rd placed riders in U11, U13, U15, U17, U19, Elite and Master age divisions Men and Women.

#### **4.3. Presentations**

Presentations will be conducted at Gunns Plains Community Hall. All place getters must present to the podium.

U11s/ U13s/ U15s/ U17s presentations from 12:00pm.

U19s / Elite / Masters presentations from 2 :30pm.

#### **4.4. Race Numbers**

Riders will be issued a single body number. Numbers must be fitted on the left hand side of jersey.

Numbers must not be cut, folded or modified in any way.

#### **4.4.1. Transponder**

Riders will be issued with a transponder. Transponders are to be fitted to the front fork of the bike. Transponder and race number are to be returned at the conclusion of racing. Any rider who does not return transponder and race number will be charged for the replacement cost.

#### **4.4.2. Vehicles**

Once racing has started there is to be no private or support vehicles permitted on the course at any time.

#### **4.5. First Aid/Medical Services**

First Aid Officer is Greg O'Rourke and Timothy Taylor.

The nearest hospital is the North West Regional Hospital, 23 Brickport Rd, Burnie.

Phone: 03 64936000

Emergencies: Call 000

#### **4.6. Race Results**

Race results will be published by Mersey Valley Devonport Cycling Club and AusCycling Tasmania on Social media pages and AusCycling website the following week of the Event.

#### **4.7. Anti-Doping Testing**

##### **4.7.1. Therapeutic Use Exemption**

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample. Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships If you are currently taking any medication, please check whether this substance is banned in or out of competition via [www.globaldro.com/AU/search](http://www.globaldro.com/AU/search) Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

##### **4.7.2. Sport Integrity Australia App**

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

## **5. Technical Regulations**

The event will be conducted under the rules and regulations of AusCycling (AC) and the Union Cycliste Internationale (UCI). The AC & UCI scale of penalties will apply. For more information, please refer to the AusCycling website - <https://auscycling.org.au/page/about/governance-rules-policies>

### **5.1. 6.1 Participation.**

All riders must have an AusCycling All Race License

### **5.2. Time Trial**

Time Trial - All races are not conducted under a full road closure. Riders must stay on the left hand side of the road. Riders that gain advantage by crossing solid lines will be disqualified. All riders must respect and obey the direction of Police, Traffic Controllers, Event Staff, Officials and Volunteers.

## **6. Venue & Course Details**

Time Trial - Loop course - anticlockwise

Starting on Gunns Plains Road riders turn left onto South Riana Road, riders travel along South Riana Road until they come to the T Junction of South Riana Road and Winduss Road, riders turn left and stay on South Riana Road until turning left into Lowana Road. Riders will ride to the T Junction of Lowana Road and Marshalls Bridge Road, riders will then turn left onto Marshalls bridge Road and ride to Gunns Plains Road. Riders will then turn left onto Gunns Plain Road and ride to the Start/Finish line where one lap will have been completed.

One lap is equal to 10.5kms.

All riders will finish at finish line on Gunns plains Road (approximately 300m from the South Riana Road intersection).

Race Distance & start location:

- Under 11s – 4km. (will start near the T Junction of Lowana Road and Marshalls Bridge Road – exact start location to be determined)

- Under 13s – 8km. (will start 2.5km into the loop)
- Under 15s – 10km. (1 complete loop - will start at finish line)
- Under 17s – 15km. (1 and a half loops – will start same place as Under 11s)
- Under 19s & all Masters categories - 20km. (2 complete loops - will start at finish line)
- Elite Seniors - 30km. (3 complete loops - will start at finish line)

## 7. Appendix C – Course Maps

### GUNNS PLAINS LOOP

 greg o'rouke | Created May 04, 2021 | Route is visible to:  Friends

**10.51 km**  
Distance

**56 m**  
Elevation Gain

**Bike Ride**  
Activity Type

 Log Workout

 Share

 Edit Route

 Duplicate Route

 Add Route to Website

 Print

 Download

